

Washington County WIC provides nutrition education, breastfeeding support, healthy food, health referrals and other services free of charge to Oregon families who qualify. WIC's goal is to help keep pregnant and breastfeeding women and children under age five healthy.

To qualify for Washington County WIC, you must live in Oregon, meet income guidelines and be in any of the categories below:

- A pregnant woman
- A woman breastfeeding a baby under one year of age
- A woman who had a baby or was pregnant in the past six months
- A baby up to his or her first birthday
- A child up to his or her fifth birthday

**Not sure if you qualify?**

- You qualify if you receive SNAP, TANF or Oregon Health Plan/Medicaid.
- Babies and children cared for by their fathers, other guardians or foster parents are also eligible.
- Working families and migrant families are also welcome to apply.

To contact WIC with questions or to sign up, please call 503-846-3555 or email [wic@co.washington.or.us](mailto:wic@co.washington.or.us).