



Adolescent Visit

At this visit, we make it clear that we are your child's doctor and his or her advocate. Your child may spend some time alone with the physician to address many of the emotional and physical issues specific to this age. We often let the patient lead the discussion in order to cover all of the concerns and questions your child might have.

As with your child's previous well visits the doctor will review, diet, elimination, exercise and sleep with your child. A full physical exam is performed. In addition, your teenager has the option to spend some time alone with his or her physician. This allows both the doctor and the adolescent the ability to have confidential discussions. All teenagers are asked the same questions. We invite you to share your concerns and questions with your teen's doctor at the start of the visit. Remember to write down any questions you may have for your doctor before your teenager's check ups.

We encourage you to discuss all of your questions and concerns with your child before the visit. Your child will be given a questionnaire to fill out prior to seeing the doctor. We ask that you let your teen fill out the questionnaire on their own. Remember, we are dedicated to supporting you in keeping your teen healthy and safe. If you have questions about this, please ask the doctor.

What vaccines and/or screening tests should I expect at this visit?

Starting at age 13 your child will receive a private questionnaire that asks them about their feelings.

At this age your child will be offered the Gardasil vaccine to protect against HPV. The Gardasil vaccine is either a 2 or 3 part series depending on the age of the child when the series is initiated.

At age 16 your child will receive the Menactra (meningococcal) and Trumenba (protects against a different type of meningococcal disease) vaccine. The Trumenba is a 3 part series which begins at this visit with a booster 2 months later and a final booster 4 months after that. If the season is appropriate, your child may also receive the Influenza vaccine.

