



Four Month Visit

Now it really gets fun! By now, your baby is probably smiling at you and expecting you to smile back. This is a proud visit as your child continues to amaze you with new developmental achievements. We will continue to discuss ways to stimulate your baby's continued development. We will also develop a strategy to help you raise a healthy eater and sleeper.

What should my four-month old be doing?

All babies develop at different rates. Please do not be discouraged or worried if your child has not achieved the following milestones by 4 months.

At this age, your child should:

- Hold up chest when lying on tummy
- Roll from side to side
- Reach and grasp for objects
- Turn head purposefully in response to human voice
- Be fascinated by mirror image
- Laugh and giggle while playing and socializing

Is my baby teething?

Four month old babies produce a great deal of saliva at this age. Also, anything in their hands will end up in their mouth. These behaviors are often misconstrued as signs of teething. Usually, infants begin teething between 6 – 18 months.

Should my child begin solid foods?

Babies may be ready to solid foods between 4-6 months of age depending on their interest and developmental abilities.

What vaccines and/or screening tests should I expect at this visit?

At this visit your child will receive the Pentacel vaccine (DTaP, Polio and Hib), the Prevnar vaccine (pneumococcal) and an oral vaccine that protects against rotavirus.

